

# DANIEL DERMITZEL

Germany: 0163-1389929 • USA: 913-514-0021

Email: [stadtbauer@gmail.com](mailto:stadtbauer@gmail.com)

Internet: [www.danieldermitzel.com](http://www.danieldermitzel.com)

## SUMMARY

- Mindfulness practitioner and teacher: 2 years in Thich Nhat Hanh's monastery; ordained lay member
- Retreat facilitator and certified mediator
- 13 years teaching resilient community development and sustainability
- 17 years cultivating holistic organic farms
- Co-founder and associate director of nonprofit organization now in its 12th year
- Experienced communicator, public speaker and journalist

## CAREER HISTORY

### **Building an Independent Consultancy on Mindfulness and Sustainability**

April 2016 – present

- Advise on sustainable urban design and (urban) agriculture projects; lead mindfulness retreats

### **Community Gardener & Organizer**

PRINZESSINNENGARTEN – Berlin, Germany. April 2017 – present

- Manage and develop start-up participatory garden project in Hellersdorf, formerly East Berlin

### **Team Member in Temporary Emergency Shelter for 900 Refugees**

ALBATROS – Berlin, Germany. Jun 2016 – Jul 2016

- Supervised meal distribution and kitchen operations, de-escalated conflict

### **Educator, Retreat Facilitator, Organic Farmer**

PLUM VILLAGE MONASTERY – Thénac, France. Two year-long residences between 2012 and 2016

- Led retreats and educational programs on community, sustainability and mindfulness
- Started organic vegetable farm and internship program now in its 5<sup>th</sup> year
- Introduced mindfulness practice to farm and office work
- Practiced meditation, mindfulness and community living under Thich Nhat Hanh

### **Adjunct Professor**

UNIVERSITY OF MISSOURI, KANSAS CITY – Kansas City, MO. 2010, 2011, 2014

*Department of Architecture, Urban Planning and Design*

- Developed and taught courses in urban studies, urban planning, sustainability and food systems
- Coached students in implementing Community Involvement Projects
- Introduced students to compassionate design and mindfulness practice

### **Co-Founder, Associate Director**

CULTIVATE KANSAS CITY – Kansas City, KS. Jan 2005 – Jun 2012

- Built resilient communities through urban farming and permaculture
- Co-developed nonprofit from startup to nationally recognized urban agriculture organization
- Performed strategic planning, program development and staff management
- Created educational programs, including refugee training farm
- Managed highly productive organic vegetable farms grossing over \$80,000/acre
- Produced and edited outreach materials, newsletters and radio stories
- Served as frequent lecturer, conference speaker, policy consultant and panelist

### **Organic Farmer, Co-Founder**

TRAILSIDE FARM – Calhoun, MO. Jun 1999 – Dec 2004

- Turned neglected property into certified organic farm and demonstration site; profitable in 5 years
- Designed and built greenhouse, movable poly-tunnels, irrigation well, packing and storage facilities

**Producer, Researcher**

GERMAN TELEVISION FILMS – Los Angeles, CA. 1992 – 98

- Developed and produced news stories and documentaries for European TV
- Coordinated domestic and international productions

**Community Planning Assistant**

SHELTER PARTNERSHIP – Los Angeles, CA. 1996 – 97

- Designed database for homeless shelter survey
- Analyzed data for report to Housing Authority

**News Desk Researcher, Field Producer**

KCBS-TV – Los Angeles, CA. Jan – Oct 1994

- Researched and produced news stories

**Caregiver through National Civilian Service Program**

HOME FOR THE BLIND – Braunschweig, Germany. 1985 – 87

- Assisted elderly blind residents with daily chores, hygiene, meals and group activities

**EDUCATION****M.A. Urban Planning – Regional and International Development**

UNIVERSITY OF CALIFORNIA, LOS ANGELES. 1998

**B.A. Radio and Television Broadcasting – Broadcast Journalism**

CALIFORNIA STATE UNIVERSITY, LOS ANGELES. 1991

**OTHER TRAINING AND WORKSHOPS****Leadership Training**

- Communicating under Conflict – Braveheart Institute, Berlin, Germany. 2016
- Embodied Awareness – Braveheart Institute, Berlin, Germany. 2016
- U.Lab; Transforming Business, Society, and Self – MITx / Edx. 2015
- TogetherGreen Leadership Training & \$10,000 Fellowship – Audubon Society / Toyota. 2010

**Mindfulness, Stress Reduction and Conflict Resolution**

- Mindfulness-Based Stress Reduction (MBSR) – University of Missouri. 2014
- Mediation Certificate – Center for Conflict Resolution, Kansas City, MO. 2014
- Trauma-Informed Care – Truman Medical Center, Kansas City, MO. 2014
- Nonviolent Communication – Peace Matters, Kansas City, MO. 2011
- Mindfulness Retreats – Plum Village Monastery and other global retreat centers. 2009 – 2016

**Holistic Design**

- Permaculture Design Certificate – Central Rocky Mountain Permaculture Institute, Basalt, CO. 2008

**ADDITIONAL SKILLS AND EXPERIENCE**

- Volunteer with Reaching Out From Within, a Kansas-based prisoner rehabilitation program. 2014
- Volunteer with Neighborhood Accountability Board, a restorative justice project in Kansas City. 2014
- Board and committee member with Farmers' Community Market at Brookside, Kansas City. 2006-10
- Board member with Kansas City Center for Urban Agriculture. 2005-06
- Travel through China, India, South-East Asia & Middle East. 1992, 1994, 1998-99
- Voice-over actor for feature films and documentaries. 1992-98
- Literate in MS Office and basic web design
- Fluent in English and German, basic competency in French